



The
Appleton
School

KS4 FOOD PREPARATION AND NUTRITION

AQA

REVISION CENTRE

Food Preparation and Nutrition	PLC	Revision Guide	SENECA
	Personal Learning Checklist	Hodder Education: Revision Guide	SENECA - Log In
		Hodder Education: Exam Question Practice Workbook	<i>Make sure you are signed up to your specific class - speak to your teacher if you are unsure. List of topics are:</i>
		Amazon: Revision Guide	1.1 Food Preparation Skills
			2.1 Macronutrients
			2.2 Micronutrients
			2.3 Nutritional needs and health
			3.1 Cooking and heat transfer
			3.2 Functional & Chemical Properties of Food
			4.1 Food Spoilage and contamination
			4.2 Principles of Food Safety
			5.1 Factors affecting food choice
			5.2 British and International Cuisine
			5.3 Sensory evaluation
			6.1 Environmental impact and sustainability of food
			6.2 Food Processing and Production